

Px Name:..... GP: **(Local only)**
 Date:..... Surgery:
 Address: DoB:.....
 Phone: Time of call: Taken by:.....
 Appointment: Yes / No Time: Referred by:
 Symptoms & Comments:

If you do not have an appointment available you must find the Px an appointment elsewhere.

If the patient was sent from the GP surgery please indicate whether they did or did not see the GP

Certain conditions are not appropriate for MECS. Please ensure that you are familiar with these and ask your optometrist if in doubt. If the patient is feeling generally unwell ask them to seek medical advice or discuss with your optometrist at the time of booking.

The following guidance should be followed unless the MECs practitioner advises otherwise in an individual case. Select the problem from column 1.

CL related	1) Is the Px from your practice?	Yes - Follow own practice protocol (unsuitable for MECS)
		No – advise contact their usual practice 1st. If cannot, ask question 2 and continue
Problem with eye - painful, sore, red, sticky, watery, itchy or irritated <i>* Recent onset slightly red, sticky or itchy eyes will often resolve in a day or two.</i>	2) Is it painful?	Yes - See within 24 hours
		No (ask question 3)
	3) Is there any light sensitivity?	Yes - See within 24 hours
		No (ask question 4)
Problem with vision (including problem with field of vision and sudden onset double vision) <i>For field loss and sudden onset double vision, book MECS but inform optom</i>	4) Is there a change in vision?	Yes - See within 24 hours
		No – see within 5 days (Advise Self Care where appropriate)
	5) Has it come on suddenly ?	Yes - See within 24 hours
	No (ask question 6)	
	6) If gradual, when did it start?	< 3 months? - See within 5 days
		> 3 months? - Book sight test
Flashes and/or floaters	7) When did it start or when did it last change or get worse?	< 6 weeks - see within 24 hours
		6-12 weeks - symptoms same See within 5 days
		6-12 weeks - symptoms increased See within 24 hours
		> 12 weeks Not suitable for MECS

Tell patient: You have been booked into a MECs appointment; you may be dilated and should not drive afterwards until you are happy your vision is OK. If your symptoms get considerably worse before your appointment call the optometry practice again or, if unavailable, your GP or GP Out-of-Hours service. If no other advice is available go to A & E.