

# St Mary's NHS Treatment Centre

# Adult Community Ophthalmology Service

St Mary's NHS Treatment Centre runs an Adult Community Ophthalmology Service covering Portsmouth, Fareham and Gosport and South East Hampshire Clinical Commissioning Groups.

It is a single point of access for all routine adult ophthalmology referrals and involves clinical triage, diagnostic and treatment services delivered in the community by a multidisciplinary team. It is run from multiple locations across the community.

## What can be referred

- All ophthalmology GP and GOS18 referrals for patients aged 18 years old and over
- Glaucoma:
  - Screening
  - Follow up of stable primary open angle glaucoma
  - Medical management of primary open angle glaucoma
- Cataract:
  - Referral refinement
  - Assessment for surgery
  - Post surgery follow up

## Exclusions

- Patients not registered within Portsmouth, Fareham and Gosport or South East Hampshire CCGs
- Patients under 18 years old
- Patients requiring emergency, urgent or acute treatment
- 2 week cancer referrals
- Diabetic retinopathy screening
- Self referral
- Treatment that should be provided under standard GMS or PMS contracts

St Mary's NHS Treatment Centre,  
Milton Road, Portsmouth PO3 6DW

[stmarystreatmentcentre.nhs.uk](http://stmarystreatmentcentre.nhs.uk)

## How to refer

### Advantages of a direct referral

- It's quicker for your referral to be triaged and your patient to receive their appointment.
- Does my patient need to be seen? Ask the consultant for clinical advice and potentially avoid sending a referral (see below).
- Receive results from the consultation for your records, which also ensures continuity of care.

### Optometrists

Please refer by post to:

Adult Community Ophthalmology Service  
St Mary's NHS Treatment Centre  
Milton Road  
Portsmouth PO3 6DW

Or fax to 0333 321 1927

Referrals will be clinically triaged within 2 working days of receipt by an appropriate clinician.

If the referral is unsuitable for our service, a letter will be sent within 3 working days to the patient, copied to the GP and optometrist, explaining the reason for rejection.

## Clinical advice

If you require advice before referring a patient, please email [cuk.stmarys-acos@nhs.net](mailto:cuk.stmarys-acos@nhs.net). A response will be provided within 2 working days.

Telephone: 0333 321 1926

Fax: 0333 321 1927

Email: [cuk.stmarys-acos@nhs.net](mailto:cuk.stmarys-acos@nhs.net)

